

City of London

CiCC in the Summer

Welcome to the Participation Service Summer 2020 Virtual Programme

This year's summer programme has been changed due to the Covid-19 pandemic and will be delivered online.

All sessions are free to attend but you need to book your space.

Some sessions have limited spaces and if you do not book you may not be able to take part.

Some workshops, like the 'How to Cook, when you can't Cook' will need ingredients and these will be sent to you before the session.

All sessions take place either on Zoom or Microsoft teams, and you will be sent links before the session takes place.

To sign up

Email zak.darwood@cityoflondon.gov.uk

Or text 07928 664335 or 07808 899421

If you have any questions, please speak to your social worker or Zak in the Participation Service.



August 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	August 6 Online Level 1 Health and Safety in Construction Course	7 Online Level 1 Health and Safety in Construction Course
10	11 London Quiz Meet your new Nurse Health & Wellbeing Drop In	12 Cooking The 'New Normal' Virtual Workshop	13 Online Level 2 Food & Hygiene course	14 Online Level 2 Food & Hygiene course
17 Tech Empowerment session	18 Equally Yours	19 Moving In, Moving On - Independent Living Workshop Day 1	20 Moving In, Moving On Day 2 Online Customer Service course	21 Online Customer Service course
24 Money Management & Budgeting	25 City Youth Services Consultation	26 CV / Intro to Work	27 CICC Meeting CV / Intro to Work	28 Mock Interviews (booked slots)
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Online Level 1 Health and Safety in Construction Course (18 & 19 year old's only)

6 August or 7 August
7.30 – 8.30pm

Overview

This course will give you an introduction to Health & Safety in the construction environment.

Who is this course for?

Any young person 18 - 19 and up to 25 for those with SEND.

This course is ideal for any eligible individual seeking work in a range of industries including construction, warehousing, exhibitions, industrial cleaning, etc.

Description

Our courses are provided online using Google's simple "Classroom" application. You will need a google account (5 minutes to create one) and a computer or a laptop.

The programme includes:

- Level 1 Award in Health & Safety in a Construction Environment
- Health, Safety & Environment (CSCS) Test
- CSCS Card (Green Card)
- Full tutor support is provided to help you get started and to get the most out of your learning.

Career path

On completion of this programme learners will be able to move into a range of industries including construction, warehousing, industrial cleaning and an increasing number of other trades and professions now demanding a CSCS card.

Duration and Time Limit

The Construction course takes approximately 2 – 3 hours to complete, although there is no time limit and you can do this during our session, in your own time and in stages through self-guided option.

Requirements

Eligible learners will need to be able to provide proof of ID and employment/ benefit claim status.

Other restrictions may apply.

Qualification

Level 1 Award in Health and Safety in a Construction

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421

London Quiz & Meet the new Nurse

11 August
1.30 - 2.30pm

Take part in this fun quiz on all things London

Test what you know about the City, learn some new facts and challenge other CiCC members to see who knows the most!

Susan Gill the new nurse will join this session to say hi and tell you about the health drop ins.

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421

Drop in with our Health & Well-being Team

11 August
2 - 4pm (drop-in slots)

An opportunity to have a one to one chat around all things relating to your health and wellbeing.

This can include mental & physical health, emotional well-being and sexual health/contraception.

All support and advice is completely confidential.

This session will start at 2pm and finish at 4pm, please email susan.gill6@nhs.net to join.

To sign up contact Susan directly

Email susan.gill6@nhs.net
Or text 07767 233791

How to Cook when you Can't Cook Session One

12 August
10am - 12pm
In this session you will cook Spaghetti Bolognese

All the ingredients will be supplied to you before the session.

This session will help you live independently in the future, including learning about how to shop and cook on a budget, including the benefits of batch cooking. We will also look at the basics of food safety including hygiene, food prep and storage.

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421

How to Cook when you Can't Cook Session Two

12 August
2 - 4pm

In this session you will cook: Roasted vegetables, chickpeas & cous cous

All the ingredients will be supplied to you before the session.

This session will help you live independently in the future, including learning about how to shop and cook on a budget, including the benefits of batch cooking. We will also look at the basics of food safety including hygiene, food prep and storage.

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The 'New Normal' Virtual Workshop

12 August
2 - 3.30pm

If you are not taking part in the cooking workshop, then attend this virtual holistic workshop focusing on physical and mental adjustment to living with COVID-19.

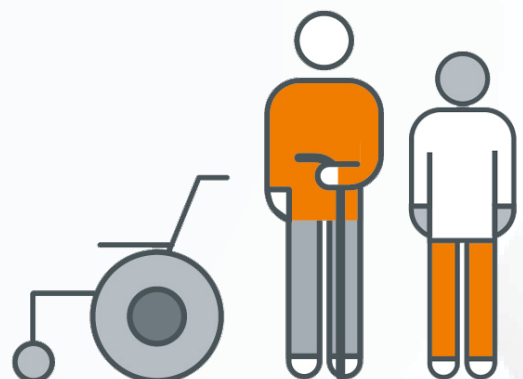
The aim is to help you to adjust to what is called the 'New Normal'.

We will cover issues such as keeping safe, making the most of their summer break, preparing for life in school / college for September along with some great tips of looking after your mental health.

To sign up

Text Matilda Newman-Smart (Prospects Services) on 07585 401280

Or email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421



Online Level 2 Food & Hygiene course

13 August and 14 August
5.45 - 7pm

Overview

Our Food Safety/Food Hygiene Level 2 Course has been structured into seven easy to follow modules covering all aspects of food safety and hygiene.

Who is this course for?

Any young person 15 - 19 and up to 25 for those with SEND.

This Level 2 Food Hygiene course has been designed to help anyone who handles, prepares or serves food in the catering industry understand their legal responsibilities and know what constitutes best practice in regards to controlling food safety hazards, controlling temperatures, food storage, food preparation, personal hygiene and premises cleaning.

Duration and Time Limit

This course takes approximately 2 – 3 hours to complete, although there is no time limit and you can do this during our session, in your own time and in stages through self-guided option.

Course Compatibility

All our courses are fully compatible with PC's, Mac's, Laptop, Tablet and Smartphone devices.

Requirements

There are no entry requirements for this course

Award

You will get an industry recognised qualification in Food & Hygiene level 2.

This course is also approved by the Royal Society for the Prevention of Accidents, as providing quality and content-approved training and is endorsed by the Institute of Hospitality as providing independently evaluated, quality content that teaches good practice standards.

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421



Tech Empowerment Workshop

17 August
1 - 3pm

Do you use Snapchat? TikTok? Instagram? Youtube? Kik? Houseparty?

Worried your account isn't private? Or have you shared something you wish you hadn't?

Come to the tech empowerment session to find out how to keep your information safe online and what to do when things go wrong.

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421

Equally Yours

18 August
12.30 - 4pm

To allow everyone to feel included we need to be brave enough to have honest, challenging conversations around diversity and inclusion.

This online game will help you understand more about living in England in 2020 including looking at different communities and current issues.

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421

Moving In, Moving On - Independent Living Workshop

19 and 20 August
11 - 3pm

Will you be moving to your own accommodation soon? Not sure what your future property might be like? Unsure what a setting up home grant is?

Come to this two-part Moving In, Moving On programme and find out about:

- The housing application process
- The types of property available
- Decorating, furniture and DIY
- Bills, benefits and support

This session will cover all of this and other topics related to your future accommodation. You will have the opportunity to meet staff from the Housing Department, view a typical City property and find out what support is available to you.

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421

Online Customer Service course

20 August and 21 August
7.30 - 8.30pm

Overview

This online Customer Service course will help learners define who their customers are and how to understand their needs, the course will also help learners to expand their knowledge on customer service techniques, how to deal with complaints and how to exceed customer expectations and go the extra mile to provide excellent customer service.

Who is this course for?

Any young person 15 - 19 and up to 25 for those with SEND.

This Customer Service Training Course is suitable for anyone working in a customer service role, at all levels of employment, who wishes to improve their service skills. This includes all employees who deal directly with customers face-to-face, over the telephone or by e-mail.

Duration and Time Limit

The Customer Service course takes approximately 2 – 3 hours to complete, although there is no time limit and you can do this during our session, in your own time and in stages through self-guided option.

Requirements

Internet Access

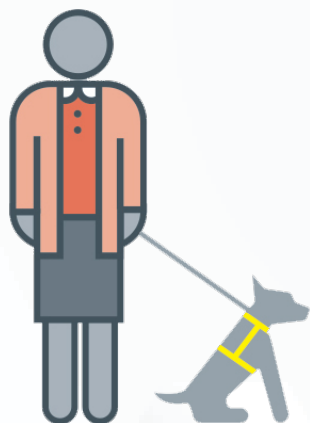
Award

You will get an industry recognised qualification in customer services.
On successful completion of the course you will be sent a quality assured certificate. This can be used to provide evidence for compliance and audit.

The course is accredited by the CPD Certification Service as conforming to universally accepted Continuing Professional Development (CPD) guidelines.

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421



Money Management and Budgeting

24 August
2 - 3.30pm

This session is designed to help you understand how budgeting and saving regularly can help with effective money management. It also explores the importance of prioritising bills and understanding income and outgoings.

By the end of this session you will be able to:

- Practice how to effectively budget
- Identify bills they may need to pay and when to pay them
- Recognise the impact of poor money management

To sign up

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City Youth Services Consultation

25 August
1 - 3pm

Help shape youth services in the City. Take part in this session with 'I Know I Can' and help us plan new services for young people.

Everyone who attends this session will receive a voucher for attending.

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421

CV / Intro to Work

26 August and 27 August (You must attend both session)
1 – 2.30pm

These workshops will support you to develop and create C. V's, help with preparing for job interviews and explore the challenges and process of securing employment.

It will help you to create an effective and impactful CV. The ability to appropriately articulate your skills and knowledge to match a vacancy and help you understand how to maximize your impact as an appealing candidate.

It will also give you a greater understanding of the format and content of potential interviews. Help you feel more confident and prepared for upcoming interviews and give you an understanding of what interviews are for.

You can also attend a mock interview on Friday 28th August if you want to.

To sign up

Email zak.darwood@cityoflondon.gov.uk or text 07928 664335 or 07808 899421

